

Tour de Teddi: Protocols

We have been working hard to ensure the Tour de Teddi is run as safely as possible. Please read the updated protocols as you prepare to enjoy a beautiful ride around Keuka Lake while supporting Camp Good Days!

RIDE INFORMATION:

Where: Camp Good Days & Special Times Recreational Facility: 643 West Lake Road, Branchport, NY 14418

Day Of: When you arrive on property volunteers will direct you to park your vehicle. Additional parking will be available down the street at the Finger Lakes Museum (3369 Guyanoga Rd. Branchport, NY 14418).

- Fundraising gifts will be handed out at check-in, which is located in the large red barn closest to West Lake Road
- Breakfast items will be available inside our dining hall, which is located next to the field where we will be parking cars
- Bike racks will be set up on the basketball court for you to use before your start time
- Bathrooms are located inside the main barn, inside the dining hall, and multiple portable bathrooms will be on the basket ball court

And We're Off: The ride will start between 9:00 am – 10:30 am with designated time slots. We ask that you do not arrive more than a half hour before your start time.

- 45-mile course riders will turn right towards Branchport, then turn right on 54A to Penn Yan, south on 54 to Hammondsport and north on 54A to finish back at Camp Good Days
- 27-mile course riders will turn left on 54A towards Hammondsport and then return north the same route back to Camp Good Days

Each course is fully marked with Tour de Teddi directional signs and volunteer flaggers, with rest stops every 15-20 miles, and a SAG and sweeper vehicle available.

Post Ride: Once you complete your ride, you will be provided with a boxed lunch from our dining hall. We ask that you do not linger after receiving your lunch so that there is a continuous flow of riders to avoid large gatherings.

COVID-19 GUIDELINES:

IF YOU HAVE COVID-19 RELATED SYMPTOMS OR HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19, PLEASE DO NOT ATTEND THIS EVENT.

If you are **not comfortable** joining us this year, we understand, and urge you to take advantage of our virtual ride. If you have already registered and wish to switch to virtual, your registration fee will be adjusted. Please contact Jamie Varble at 585-624-5555 or by email at jvarble@campgooddays.org to switch your registration. The virtual option allows you to choose where and when you ride; for those who want the flexibility to ride anytime and anywhere, now through September 11th, 2021.

We ask that you wear a mask at all times when you are on the camp property and when stopping at rest stops. This is for the safety of both you AND our volunteers.

All volunteers and staff helping with food service will be wearing masks and gloves while following the proper protocol.

You do not need to wear a mask while riding!

COURSE INFORMATION:

There will be a sweeper vehicle behind the last rider for each route. If you are in need of assistance, please wait for a SAG vehicle or call the number provided on the cue sheets which will be picked up a check-in and we will get someone to your location. Of course, if medical assistance is required, please have someone call 9-1-1.

There will be rest stops and road marshals stationed along the route. Water, Gatorade, and snacks will be available at the rest stops. There will also be small first aid kits at each station.

While at rest stops, please take the items you need and move away from the table so that everyone can approach with social distancing guidelines. Please keep distance between groups of riders.

REST STOP INFORMATION:

1. Rest stop number one is Knapp and Schlappi (273 Lake St. Penn Yan, NY.) There will be water, Gatorade and snacks at this station.



2. Rest stop number two will be the Parking Pull-Off, 931 East Lake Rd/NY 54. There will be water, Gatorade, snacks and a portable bathroom here for your use.



3. Rest stop number three is Depot Park (7 Water Street, Hammondspport, NY). There will be water, Gatorade, PB&J, and snacks at this location. Public restrooms will also be available for use.



4. Rest stop number four is Keuka Yacht Club (12890 West Lake Road, Hammondspport, NY 14840). There will be water, Gatorade and snacks at this station.



TIPS FOR A SAFE RIDE:

Tour de Teddi is not a race! It is planned for you to enjoy the beautiful views along Keuka Lake.

- Please always wear a helmet
- Follow the rules of the road and please do not go more than three riders wide; the routes are not closed to traffic
- Be alert! It is important to be aware of your surroundings and never ride with headphones or an earpiece
- Bring your own water bottle; now more than ever you don't want to share germs but it is also important to hydrate. Water jugs will be available for you to refill along your route!
- Stand out by wearing bright colors
- Carry a cell phone and ID in case you have trouble and need a ride; your cell phone will come in handy
- Consider bringing hand sanitizer or wipes to use after portable toilets

We at Camp Good Days & Special Times appreciate your understanding as we adapt and adjust to these difficult times to bring you a safe event so that you can enjoy all that Keuka Lake has to offer while supporting Camp Good Days!

For any questions, please contact the event coordinator, Jamie Varble at 585-624-5555 or email her at jvarble@campgooddays.org.